

NEW COWGIRL Camp

\$997 (all inclusive)

Lazy R Ranch Cheney, WA

May 28-June 1 -or- August 27-31



She cares more about rhizomes than rhinestones. She is a steward. She can mend a fence and buck a bale and castrate a bull. She whispers to soil microbes and sings to cows. She regenerates grasslands. She provides nourishing food to her family and community. She goes to bed every day knowing she made the world a better place and she did her best.

And she could be you.



New Cowgirl Camp is a five-day intensive course for forward-thinking women who are interested in becoming farmers or ranchers. You will learn new skills and discover a holistic approach to farming, life, and land management.

Your camp leaders for this retreat-style hands-on camp are Sandra Matheson, DVM, and Beth Robinette, MBA, of the Roots of Resilience team. Both are life-long ranchers, entrepreneurs, and accredited Holistic Management professionals. Cowgirl Camp participants range from students to doctors! No question is too basic or too advanced.

New Cowgirl Camp curriculum includes:

- ✳️ Basic farm skills, fencing, and facilities
- ✳️ Animal husbandry and low-stress animal handling
- ✳️ Managing your farm or ranch for resilience
- ✳️ Ecological monitoring and grazing planning
- ✳️ Farm business management
- ✳️ Leadership and change making

You should sign up for New Cowgirl Camp if you are:

- ✳️ Ready to take on an active role in land stewardship
- ✳️ Excited to engage in a supportive and celebratory woman-centric learning community
- ✳️ Passionate about regenerating grasslands and creating nutritious food
- ✳️ Curious about how cows (and cowgirls!) can save the world!

Register at rootsofresilience.org